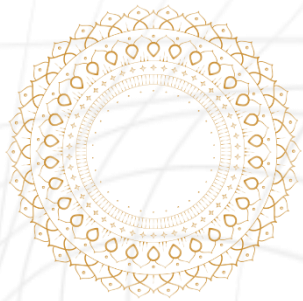




~ The Enneagrammatic Circuit ~

Guide

BASHAR TECHNIQUES
(Darryl Anka)



A Map for the Journey: Nine Circles of Transformation
The Enneagrammatic Circuit is a powerful conceptual map. Think of it as a "flavouring tool" or an "enhancing tool" that can augment and amplify other self-exploration techniques.

Its primary function is to communicate with a "deeper portion of yourself." It uses ancient Phoenician symbols, which are less likely to be interfered with by our rational, analytical minds. This allows for a more direct line of communication with our inner being. The circuit outlines a complete journey of personal transformation, which can be summarized in a single, powerful sentence:

From the inner Being through sight, sound, touch and feeling are manifested the path. Windows and doors to the unknown. Which always lead back to the inner Being.

This sentence describes a cyclical journey of growth. For a new learner, we can break it down into six key phases:

1. Starting Point: The journey always begins from and returns to your "centre" or "inner Being." This is your core



self, the source of your awareness. Everything begins from and returns to the inner self.

2. Engagement of Physical Reality: One uses physical senses (sight, sound, hands) to investigate reality. In the physical world, you engage with life through your senses—what you see, hear, speak, and touch ("eyes," "ears," "speech," "hands"). You investigate and absorb experiences.

3. Transformation: Through emotion and flexibility (symbolized by water), these physical inputs are transformed. You process these experiences through flexibility, fluidity, and emotion. This is where raw experience is transformed into understanding.

4. Creation is The Path: This transformation creates a path leading to "windows and doors" (symbols for opportunities and new perspectives). This inner transformation creates a new "path" forward, opening up new opportunities and possibilities.

5. The Unknown: This new path leads you to the "unknown." It's crucial to redefine this not as something fearful, but as a *gateway* to new aspects of yourself.

6. The Return: Every experience of the unknown, when approached with this mindset, will ultimately lead you back to a deeper understanding of your inner Being of the self.

The Enneagrammatic Circuit is presented as a diagrammatic tool designed to enhance and amplify other spiritual techniques.

• **Purpose:** It is described as a "flavouring tool," "spicing tool," and "affirmation tool" that adds a "boost" to other



exercises by keying into specific aspects of an individual's cultural, historical, and brain-frequency consciousness.

- **Symbolism:** Ancient Phoenician symbols were chosen because most people no longer have a direct conscious relationship with them. This allows the symbols to "communicate with portions of your consciousness in a way that is less likely to be interfered with by your rational personality," thereby speaking to a deeper part of the self.
- **The Symbolic Path and Sentence:** The process involves tracing a specific path through the diagram, which corresponds to the following sentence:

Now that we understand the map, let's take a practical first step on the journey.

*From the inner Being
Through sight, sound, touch and feeling are manifested
The Path.
Windows and doors to the unknown.
Which always lead back to the inner Being.*





Coming soon!

The Explanatory Guide of Bashar's Sacred Neurological Circuitry, Meditation Exercises

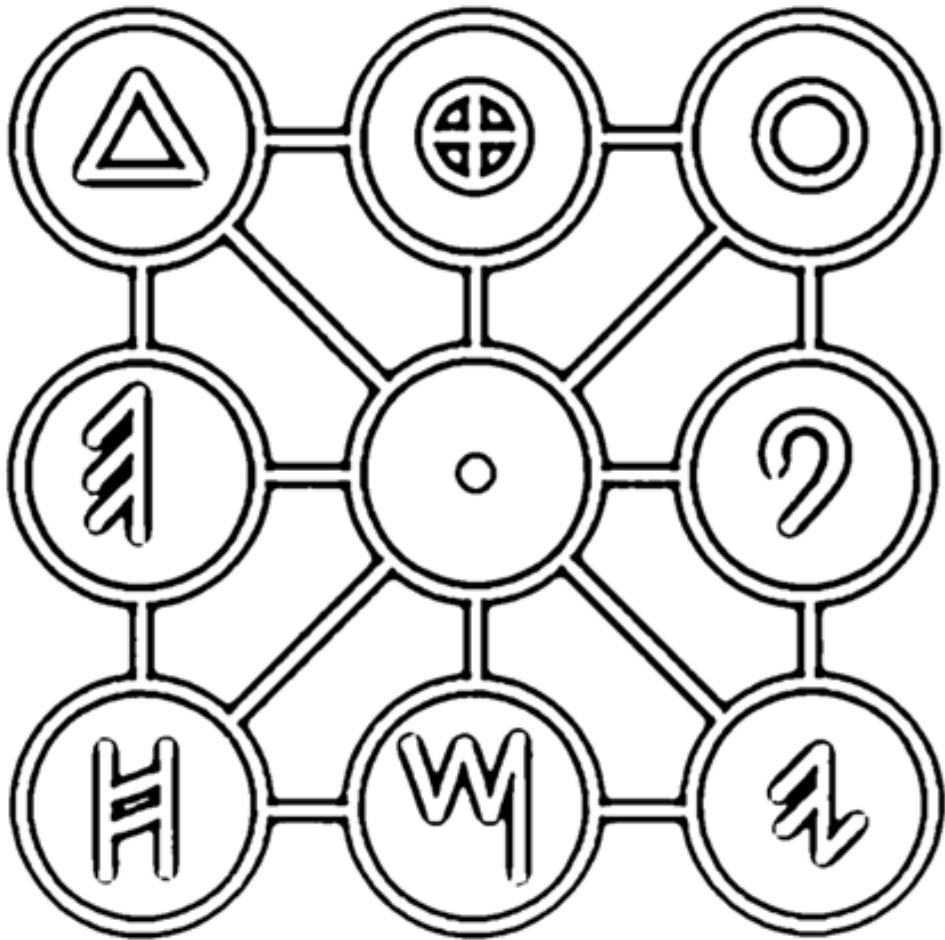
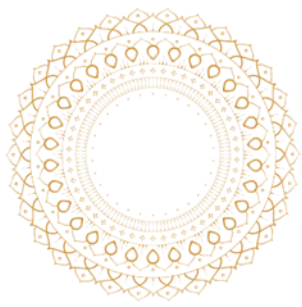
The detailed guide will include:

- *The Enneagrammatic Circuit Exercise,*
- *The 15 Sacred Neurological Circuit Cards, and*
- *The Transformative Shifting Exercise,*

with more information, detailed step-by-step of the processes, and for a deeper understanding of the Bashar's meditation practice.

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